



## **Spa Vargas**

**Dial 6731**

### ***Hours of Operation***

*Monday and Tuesday 10:00 – 6:00*

*Wednesday thru Friday 9:00 – 8:00*

*Saturday 8:00 – 9:00*

*Sunday 9:00 – 5:00*

Welcome!

Spa Vargas at the Hilton Chicago/Indian Lakes Resort welcomes you to experience wonderful spa services to meet your well-being needs.

### ***Highlights***

- A complete holistic atmosphere encompasses the spa
- Two Dual Massage Suites - you can enjoy your massage with a friend in our rooms especially designed to allow the both of you to share the experience together
- Spa Parties - a unique, memorable event where you can host your own spa party
- Vichy Shower suite for body treatments
- Aromatherapy relaxation suite
- The Journey! - our signature spa package comprised of our top-of-the-line services
- Hilton Chicago/Indian Lakes Resort restaurants provide the lunch and dining areas for spa lunches and group parties.
- A Spa Vargas Gift Card is a perfect way to express yourself on any occasion. It is flexible and never expires. Give the gift of well-being to someone you care about!



## Massage

***Enjoy a massage to soothe your body and mind or to have an experience to relax your soul!***

### ***Massage Therapies - Basic (50 minutes / 80 minutes)***

#### **Indian Lakes Relaxation (\$90 / \$130)**

Swedish massage with flowing effleurage induces relaxation and rejuvenation.

#### **Indian Lakes Deep Tissue (\$100 / \$140)**

A therapeutic deep tissue manipulation of specific muscle groups.

#### **Indian Lakes Stone Treatment (\$110 / \$150)**

Using smooth, heated river stones for deep penetration of the muscles, you achieve tension relief & balance of mind, body, & spirit.

### ***Massage Therapies - Specialties***

#### **The Stones and Shells Symphony (90 minutes) \$160**

Stones & seashells are infused with warm oils to create a deep heated massage that will provide tension relief, relaxation, and calm. Music to your body!

#### **The Bamboo Rhythm (90 minutes) \$160**

Bamboo sticks fan, whisk, roll and percussion along the bottoms of your feet and across your body. Starting with a scalp massage combined with a hands-on therapeutic massage, this will awaken muscles and joints. Enjoy the beat!

#### **The Herbal Revival (90 minutes) \$160**

The warmth of the bolus and the healing properties of chamomile, lavender and marigold flowers complemented with energizing oils, calm nerves and redirect energy vital for health. Relieves sore muscles, stimulate circulation and refreshes the skin.

#### **The Spa Vargas Tranquility (90 minutes) \$160**

Our Signature Massage that blends reflexology, heated stones, and a therapeutic massage. This 90-minute massage experience is a must for the massage connoisseur!

#### **Romance Massage for Couples (65 minutes) \$110 per person**

Performed in our dual massage suite, the couple enjoys a relaxing foot soak and a foot massage followed by a wonderful 50-minute Indian Lakes Relaxation Massage.



## Body Treatments

*Enjoy a treatment to relax or exfoliate your body. It's your turn to find solace!*

**Luminosity Sea Salt Scrub \$60**

Body exfoliation removes dead skin cells while increasing circulation.

**The Mother Earth Embrace Wrap \$100**

Therapeutic mud wrap alleviates aches while mineralizing your skin.

**The Thalasso Body Drench Wrap \$100**

Seaweed wrap hydrates your skin while detoxifying your body.

**The Wright State of Mind \$175**

Body Wrap & Facial combined to exfoliate, hydrate, & detoxify your entire body.

## Natural Nail Care

*Enjoy impeccable service for your hands and feet. You deserve beautiful hands and fabulous feet!*

**The Indian Lakes Express (Manicure - \$25 / Pedicure - \$50)**

A nail service customized for the guest on the go.

**The Indian Lakes Classic (Manicure - \$30 / Pedicure - \$60)**

Our classic service leaves your hands or feet looking healthy and beautiful.

**The Gentlemen's Classic (Manicure - \$30 / Pedicure - \$60)**

Ideal for the gentleman that wants healthy & professional looking hands & feet.

**The Thalasso Treat (Manicure - \$35 / Pedicure - \$65)**

This powerful skin hydrator is great for guests with dry skin.

**The Prairie Earth (Manicure - \$35 / Pedicure - \$65)**

This mud blend is especially beneficial for guests with rheumatism, arthritis, or who wish to detoxify from various environmental factors.

**The Reflexology Revival (Manicure - \$40 / Pedicure - \$70)**

The manipulation of specific pressure points improves circulation, relieve stress, and bring balance to the body. Ideal for tired, aching hands or feet.

**The Stone Treatment (Manicure - \$40 / Pedicure - \$70)**

Heated stones are used to relax the joints and to penetrate and loosen muscles.

**The Spa Vargas Renewal (Manicure - \$40 / Pedicure - \$75)**

Enhanced with the application of an intense moisturizing paraffin dip, your skin is left soft and deeply conditioned.

**Polish Change with Buffing (Manicure - \$16 / Pedicure - \$20)**

**Paraffin – Add (Manicure - \$10 / Pedicure - \$15)**

**French Finish – Add (Manicure - \$9 / Pedicure - \$9)**



## **Skin Care**

***Enjoy clean, healthy glowing skin with a relaxing facial.  
This service includes your face, neck, and décolleté.***

**The Teen Escape Facial \$70**

A treatment tailored for the needs of young adult skin.

**The Indian Lakes Classic Facial \$95**

This compliment to your skin care regimen is customized for your skin type.

**The Gentlemen's Exclusive Facial \$95**

A deep cleansing facial designed for the needs of men.

**The Problem Solved Facial \$110**

A deep cleansing facial designed for acneic skin.

**The Sensitive Skin Solution Facial \$110**

Alleviating facial brings relief to rosacea or sensitive skin.

**The Oxygen Enrichment Facial \$125**

Rejuvenate & revitalize your skin with oxygen.

**The Skin Renewal Facial \$135**

An anti-aging facial for sun-damaged or mature skin.

**The Spa Vargas Serenity Facial \$140**

Our ***Signature*** Facial with vitamins & collagen that hydrate, nourish & tone your skin.

**The R&R Treatment, Bloomingdale Style! \$140**

Resurface and Relax! This is a full face and neck manual microderm treatment and a hydrating facial with a power infusion all in one!

**Beautiful Back Treatment \$80**

Essential cleansing maintenance for your back & shoulders.

***Specialty Ala Carte Treatments***

**Eyebrow / Eyelash Tinting \$20 / \$35**

**Manual Microderm Polish \$60**

**Specialty Mask \$20**

**Eye Treatment Collagen Mask \$25**

**Luscious Lip Treatment – Add \$15**



## **Spa Packages** ***(20% Gratuity Included)***

### **The Ultimate Indulgence \$999**

- The Indian Lakes Classic Facial • Luminosity Sea Salt Scrub
- Mother Earth Embrace Wrap • The Spa Vargas Tranquility Massage
- The Spa Vargas Renewal Manicure & Pedicure • Spa Lunch
- \$120 Shopping Spree • Follow-up Indian Lakes Classic Facial
- Follow-up Indian Classic Manicure & Pedicure

### **The Wonders of Nature \$614**

- The Skin Renewal Facial • Luminosity Sea Salt Scrub
- Mother Earth Embrace Wrap • 50m Indian Lakes Stone Treatment
- The Thalasso Treat Manicure & Pedicure • Spa Lunch

### **The Journey! *\*\*Signature Package\*\** \$450**

- The Spa Vargas Facial • The Spa Vargas Tranquility Massage
- The Spa Vargas Renewal Pedicure

### **The Spa Safari \$330**

- The Oxygen Enrichment Facial • Luminosity Sea Salt Scrub
- 50m Indian Lakes Relaxation Massage

### **The Indian Lakes Classic Escape \$222**

- The Indian Lakes Classic Facial • The Indian Lakes Classic Manicure
- The Indian Lakes Classic Pedicure



***Reservations***

We recommend making reservations at least a couple of weeks in advance to ensure your desired appointments. A credit card is required in order to hold your reservation.

***Cancellation Policy***

To avoid a 100% service charge, a 24-hour cancellation notice is required for all services. A one week notice is required for group parties.

***Gratuities***

Gratuities are not included in any individual service price. A 20% gratuity is included in all spa packages and group parties. Gratuities are not accepted on credit cards.

***\*\*All prices are subject to change without notice\*\****